

**BIOGRAPHICAL SKETCH**

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| <b>BIOGRAPHICAL SKETCH</b>  |                                  |                               |  |
| NAME<br>Beena Elizabeth Thomas  |                                  | POSITION TITLE<br>Scientist B |  |
| EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i> |                                  |                               |  |
| INSTITUTION AND LOCATION  | DEGREE<br><i>(if applicable)</i> | YEAR(s)                       | FIELD OF STUDY   |
| University of Madras, India   | BA                               | 1977                          | Psychology   |
| University of Madras, India   | MSW                              | 1979                          | Medical & Psychiatric SW   |
| University of Madras, India   | PhD                              | 2004                          | Psychological and Sexual Impact of HIV/AIDS – Gender Differentials |

**A. Research and/or Professional Experience & Honours**

- 1979-82 Case Worker in "Save the Children Fund," Chennai, India
- 1982- 2005 Medical Social Worker in the HIV/AIDS Unit at Tuberculosis Research Centre, Indian Council of Medical Research, Chennai, India.
- 2006 State Project Manager, ICMR, NIE-Integrated Behavioural and Biological Assessment (IBBA)- Avahan Project with support from Bill and Melinda Gates Foundation.
- 2007-till date Research Officer in Department of Clinical Research at Tuberculosis Research Centre, Indian Council of Medical Research, Chennai, India.

**Training**

June 1999, Participated in 'Introductory Course in Epidemiology' organized by Sundaram Medical Foundation, Chennai

November 13-18, 2000 Participated in 'Training Programme in HIV/AIDS Counselling and Management', organized by the Christian Medical College, Vellore

April-June 2003 UCLA FOGARTY POST DOCTORAL AIDS INTERNATIONAL TRAINING AND RESEARCH PROGRAMME at the University of California, Los Angeles, Center for Interdisciplinary Research in Immunology and Disease.

**B. Selected Publications**

- 1) C B Sanjeevi, P R Narayanan, R Prabhakar, Niruparani Charles, Beena E Thomas, R Balasubramaniam. No Association or Linkage with HLA – DR or DQ Genes in South Indians with Pulmonary TB. *Tubercle & Lung Disease* (1992) 73; 280.
- 2) Beena E Thomas, Geetha Shanmugam, Jawahar M S and Sivasubramanian S. Role of Non-Governmental Organizations in Tuberculosis control. *Indian Journal of Tuberculosis* 1997; 44:124
- 3) Beena E Thomas, Suryanarayanan D and Sudha Ganapathy. Treatment Compliance in Relation to Sources of Referral and Initial Reaction to Diagnosis. *Indian Journal of Tuberculosis* 1999; 46:179.
- 4) Beena E Thomas. Community Mobilisation for Tuberculosis Control Programme – Pg 76-83. *Health Education in South East Asia – Vol XVI-2,3,4. 2000*

- 5) Beena E Thomas, Meenalochani Dilip, Suryanarayanan D, Sudha Ganapathy. Women and TB – Recent Trends in Tuberculosis and Chest Diseases – Millennium Perspective – A TB Free World 2000. Ed. Arun Kumar Thakur, Pub. Bihar TB Association.
- 6) Beena E Thomas, Tuberculosis in Women. Status of Tuberculosis in India 2000. PP 25-31. Ed. Nayak R, Shaila M S, Ramachandra Rao G. Proceedings of the First Sir Dorabji Tata Symposium, Indian Institute of Science, Bangalore.
- 7) Soumya Swaminathan, M Sangeetha, N Arun Kumar, P Menon, Beena Thomas, K Shibi, Ponnuraja & S. Rajasekar. “Pulmonary Tuberculosis in HIV positive individuals: preliminary report on clinical features and response to treatment” Indian Journal of Tuberculosis 2002, 49, 189
- 8) Beena E Thomas, Sudha Ganapathy and Jawahar,M.S. “Responding to health emergencies. People oriented strategies from India” – *Social Developmental Issues*, Alternate Approaches to Global Human Needs published by the Inter-University Consortium for International Social Development in cooperation with the University of Texas, Arlington Volume 24.2002. Number 1,40-44
- 9) Beena. E. Thomas, Fathima Rehman, Muniyandi M, Meenalochini Dilip, Mohanarani Suhadev, Padma Priyadarsini, Narendar KP, Soumya Swaminathan. “A Study of Condom Acceptability among Men in an Urban Population in South India”. AIDS & Behavior, Vol. No. 8, No.2 (June 2004)
- 10) Beena E Thomas, Fathima Rehman, Suryanarayanan D, Josephine K , Meenalochini Dilip, Dorairaj V.S , Soumya Swaminathan. “How stigmatizing is Stigma in the life of people living with HIV- A study on HIV positive individuals from Chennai, South India”. AIDS Care, OCTOBER 2005; 17 (7):795 – 801
- 11) Beena E Thomas, Suryanarayanan D, Muniyandi M, Meenalochani Dilip, Rajasekaran S, Soumya Swaminathan. Is awareness of HIV enough to alter high-risk behaviour? What do HIV positive individuals have to say? A study from South India. SAARC Journal of Tuberculosis, Lung Diseases and HIV/AIDS: 2005 II (1) 1-9
- 12) Beena Elizabeth Thomas, Josephine Arockiaselvi, Suryanarayanan D, Fathima Rehman, Padmapriyadarsini, Soumya Swaminathan. Gender differences in perceived health related quality of life among persons living with HIV – A study from Chennai, South India. SAARC Journal of Tuberculosis, Lung Diseases and HIV/AIDS: 2005 II (1) 15-22
- 13) Beena E Thomas, Pradeep Menon. The sounds of the waves are frightening - Experiences of school going children affected by the Tsunami-A report from India. (Published as a Web Page in Lancet, March 18<sup>th</sup> 2005)
- 14) Meenalochani Dilip, Beena E Thomas, Fathima Rehman, Vani Sundaram, Mohanarani Suhadev, Soumya Swaminathan. Status of AIDS Orphans in Chennai, South India. SAARC Journal of Tuberculosis, Lung Diseases and HIV/AIDS: 2005; II (2): 28-33
- 15) Mohanarani Suhadev, Soumya Swaminathan, Rajasekaran, Arun Kumar, Muniyandi, Beena E Thomas, Meenolochani Dilip. “Feasibility of Community DOT providers for TB treatment among HIV infected persons – a pilot study”. IJTuber. 2005; 52: 171 – 183 Soumya Swaminathan, C. Padmapriyadarsini, G. Narendran, Beena E Thomas, S. Anand and Aishwarya Rajalakshmi. Immune Reconstitution Syndrome Following Initiation of Antiretroviral Therapy in

a Patient with HIV Infection and Multidrug-resistant Tuberculosis. Indian J Chest Dis Allied Sci 2005; 47: 299-304.

- 16) Beena E Thomas, Ranjani Ramachandran, Anitha Suresh, Soumya Swaminathan “Feasibility of routine HIV testing among TB patients through a Voluntary, Counseling and Testing Center (VCTC)” IJTLD 2007; 11 (12): 1296-1301.
- 17) Beena E. Thomas, Chandra S, Josephine K, Suriyanarayanan D and Soumya Swaminathan “Understanding of gender differences in sexual behavior among HIV positive individuals - A study from Chennai, India” paper sent for publication to Indian Journal of Medical Research.
- 18) Sudha Ganapathy, Beena E. Thomas, M.S. Jawahar, Josephine Arockia Selvi, K. Sivasubramaniam, Mitchell Weiss “Perceptions of gender and Tuberculosis in a South Indian urban community” paper accepted for publication to Indian Journal of Tuberculosis

### **C. Ongoing Research Support**

- “Behavioral risk factors and HIV sero-prevalence among men who have sex with men in Chennai” by Steven Saffren, Ph.D. (PI), Site-responsible Investigator(s)/Institution: Dr. Beena E Thomas, Soumya Swaminathan, Sunil Menon - SAHODARAN (CI). Funded by Harvard University.
- “Community-Based Approach to Designing an AIDS Program for HIV+ Mothers in India” by Dr. Soumya Swaminathan (PI), Dr. Beena E. Thomas (CI), Adelaine Nyamathi (Co-PI). Funded by UCLA.